

QUETTA VOICE

Email address:
quettavoic@gmail.comTuesday 25
October, 2022
[https:// www.quettavoic.com/](https://www.quettavoic.com/)

ABC Certified

Quettavoic



Journalist Arshad Sharif shot dead in Kenya



Prize distribution ceremony of sports week held at University of Gwadar

Imran 'intentionally and deliberately' violated Elections Act, says ECP in detailed Toshakhana verdict

The Election Commission of Pakistan (ECP) found that PTI Chairman Imran Khan "intentionally and deliberately" violated the Elections Act, 2017, according to the detailed Toshakhana reference verdict released on Monday.

The ECP had disqualified Imran in the reference on Friday under Article 63(1)(p) for making "false statements and incorrect declaration". However, the full text of the 36-page order was not officially released, raising questions about whether it was really a unanimous decision and providing fodder to rumour mills to go into overdrive over the possibility of a dissenting note.

Imran filed a plea in the Islamabad High Court (IHC) on Saturday, challenging the ECP verdict.

The detailed verdict released today, a copy of which is available with Dawn.com, said: "The respondent has intentionally and deliberately violated the provisions contained [in] sections 137 (submission of statement of assets and liabilities), 167 (corrupt practice) and 173 (making or publishing a false statement or declaration) of the Elections Act, 2017, who has made a false statement and incorrect declaration before the commission in the statement of assets and liabilities filed by him for the year 2020-21," elaborating that thus, Imran attracted disqualification under Article 63(1)(p).

Similarly, the ECP said he had "deliberately concealed the material facts" by not disclosing the details of his gifts in the statement of his assets and liabilities for the year 2018-19 or accounting for the sale proceeds.

The electoral watchdog



explained that the PTI chief had not provided details of the gift items and had also failed to add the details of the cash and bank account of the sale proceeds in the relevant Form-B sections.

"The amount allegedly received in his bank account does not commensurate with the assessed value of the gift items. Hence, the respondent has filed false statement and incorrect declaration, in material particular, for the financial year 2018-19," the verdict reads.

It explained that Imran had also not provided any explanation that any non-disclosure was "unintentional, accidental or [a] bona fide mistake".

Regarding gifts purchased for the financial year 2019-20, the verdict

reads that Imran made an "evasive and ambiguous" statement in his written reply that the gifts for that period were further gifted on to others. However, the verdict said that the relevant Form-B section was left empty for this and there was no explanation provided.

"Therefore, it is established that he has deliberately concealed material facts and has submitted [a] false declaration of his assets and liabilities, in particular material, which entails serious consequences under the Constitution and law," the verdict states.

As a result, the ECP said it was of the "considered opinion" that Imran stood disqualified, ceased to be an MNA and had also committed an "offence of corrupt prac-

tices" under the relevant Elections Act sections for "false statements and incorrect declaration".

Regarding its jurisdiction in the case, the ECP quoted relevant case law and verdicts to justify its role in the Toshakhana reference. It pointed out that the record of gift items received was maintained by the Toshakhana and the electoral watchdog was only limited to scrutinising the statement of assets and liabilities.

"It was the obligation of the respondent to declare complete details of assets whether in [the] shape of gifts or amount, including transfer of any assets to any person during the financial year, in the annual statement of assets and liabilities along with details and its cost value in column number 2 and 3 of Form-B (remarks).

"The commission has the jurisdiction to inquire into any matter or objection raised by any person, including a reference from [National Assembly] speaker against any member of the parliament or an assembly regarding concealment, false or misdeclaration in the statement of assets and liabilities after 120 days," the verdict reads.

Quoting case law, the ECP contended that it had the "exclusive jurisdiction" to adjudicate on the issue of a lawmaker's disqualification if received from the NA speaker or Senate chairman in terms of Article 63(2) and to decide the referred question under Article 63(3) of the Constitution, adding that it was also therefore, "competent" to judge in the Toshakhana instant matter.

The reference was filed in August against Imran by the coalition government, for "not sharing

details" of Toshakhana gifts and proceeds from their alleged sale. Lawmakers from the Pakistan Democratic Movement — the ruling alliance — had submitted the reference to NA Speaker Raja Pervaiz Ashraf, who had subsequently forwarded it to Chief Election Commissioner (CEC) Sikander Sultan Raja for further action.

Established in 1974, the Toshakhana is a department under the administrative control of the Cabinet Division and stores precious gifts given to rulers, parliamentarians, bureaucrats, and officials by heads of other governments and states and foreign dignitaries.

According to Toshakhana rules, gifts/presents and other such materials received by persons to whom these rules apply shall be reported to the Cabinet Division.

However, the PTI, while in government, had been reluctant to disclose details of the gifts presented to Imran since he assumed office in 2018, maintaining that doing so would jeopardise international ties, even as the Pakistan Information Commission (PIC) ordered it to do so.

But later, in a written reply submitted to the ECP on September 8, Imran had admitted to selling at least four presents he had received during his tenure as the prime minister.

The former premier, in his reply, had maintained that the sale of the gifts that he had procured from the state treasury after paying Rs21.56 million fetched about Rs58m. One of the gifts included a graff wrist-watch, a pair of cuff links, an expensive pen and a ring while the other three gifts included four

Rolex watches.

The reference against Imran was filed by MNA Barrister Mohsin Nawaz Ranjha carrying signatures of lawmakers Agha Hassan Baloch, Salahudeen Ayubi, Ali Gohar Khan, Syed Raffiullah Agha and Saad Waseem Sheikh and it was subsequently forwarded to CEC Raja.

In their disqualification reference, MNAs from the ruling alliance included documentary evidence to corroborate their claims against the ex-premier and sought his disqualification under Sections 2 and 3 of Article 63 of the Constitution, read with Article 62(1)(f).

Article 62(1)(f) says: "A person shall not be qualified to be elected or chosen as a member of Majlis-e-Shoora (Parliament) unless [...] he is sagacious, righteous and non-profligate, honest and ameen, there being no declaration to the contrary by a court of law."

Article 63(2) says: "If any question arises whether a member of Majlis-e-Shoora (Parliament) has become disqualified from being a member, the Speaker or, as the case may be, the Chairman shall, unless he decides that no such question has arisen, refer the question to the Election Commission within thirty days and should he fail to do so within the aforesaid period it shall be deemed to have been referred to the Election Commission."

While, Article 63(3) reads: "The Election Commission shall decide the question within ninety days from its receipt or deemed to have been received and if it is of the opinion that the member has become disqualified, he shall cease to be a member and his seat shall become vacant." Web Desk

پولیو سے بچاؤ کی خصوصی مہم

24

اکتوبر تا

28

اکتوبر



پولیو لاعلاج مرض ہے اس سے بچاؤ کا واحد حل پولیو ویکسین ہے۔

پولیو سے بچاؤ کی مہم کے دوران 5 سال تک کے تمام بچوں کو پولیو ویکسین ضرور پلاوئیں۔



Journalist Arshad Sharif shot dead in Kenya

Journalist Arshad Sharif died in Kenya reportedly after being shot, his wife Javeria Siddique confirmed early on Monday morning. "I lost friend, husband and my favourite journalist [Arshad Sharif] today, as per police he was shot in Kenya," she tweeted.

Confirming the journalist's demise, the Foreign Office said Pakistan's high commissioner to Kenya, along with other officials, reached Chiromo Funeral House in Nairobi where she identified Sharif's



body. "Further procedures including police report are awaited," the statement said. The high commission

would facilitate early return of Sharif's body to Pakistan, the Foreign Office said, adding that the journalist's family had been assured of all possible assistance.

Mystery surrounds the circumstances that led to the journalist's death. Some Pakistani media outlets initially reported Sharif had been shot at but then said he died in an accident. Sharif's wife later tweeted he had been shot dead. Web Desk

Prize distribution ceremony of sports week held at University of Gwadar

News Desk

The Prize Distribution Ceremony of Sports Week 2022 was held at the Seminar Hall of the University of Gwadar on 24th October 2022. "The Directorate of Sports will further be strengthened and students will be provided with better sports facilities", the Vice-Chancellor of Gwadar University lamented.

Professor Dr. Abdul Razzaq Sabir the Vice-Chancellor of the university of Gwadar was the chief guest of the ceremony. He said that "besides promoting education and research activities, a comprehensive plan is underway to enhance sports activities in the university as well".

The Vice-Chancellor thanked the organizing committee members for arranging such lively sports activities quite in a professional manner that are requisite to refresh the body, polish skills, and cheer up minds.

He said that sports make us learn to accept both victories and defeats with smiles and sophistication. "Many games were organized in the Sports Week, UG is the first university in Pakistan that introduced Beach Games in its Sports Week in which students, faculty members, and admin staff participated enthusiastically". Vice-Chancellor further said.

Director Sports Saghir Naseem thanked the worthy Vice-Chancellor, Registrar, Chairmans, Faculty



Administrative Staff, and students for their cooperation in the successful conduct of Sports Week.

At the end of the ceremony Prof. Dr. Abdul Razzaq Sabir, VC UG, Registrar Dolat Khan, Director Sports Saghir Nasim, Dean Faculty of Sciences, Engineering & Technology Dr. Dhani Bux Talpur, Controller Examination Mujahid Hussain, Chairman Education Department Mukhtar Bashir, Deputy director Madam Shahnaz Noor and director Students Affairs Madam Sadia Naseer distributed trophies and shields among the winners, runners-up, and organizers.

Aliza Jameel student in the 8th semester of the department of BBA performed the responsibilities of state Secretary of the ceremony. The Prize Distribution Ceremony of Sports Week 2022 was held at the Seminar Hall of the University of Gwadar on 24th October 2022. "Sports make us learn to accept both victories and defeats with smiles and sophistication", Dr. Abdul Razzaq Sabir lamented. The chief guest of the ceremony, Vice-Chancellor, of the University of Gwadar,

Prof. Dr. Abdul Razzaq Sabir said that "besides promoting education and research activities, a comprehensive plan is underway to enhance sports activities in the university as well".

"The Directorate of Sports will further be strengthened and students will be provided with better sports facilities", the Vice-Chancellor stated. He expressed his gratitude towards the organizing committee members for arranging such lively sports activities quite in a professional manner that are requisite to refresh the body, polish skills, and cheer up minds.

Vice-Chancellor further said that many games were organized in the Sports Week, UG is the first university in Pakistan that introduced Beach Games in its Sports Week in which students, faculty members, and admin staff participated enthusiastically.

Director Sports Saghir Naseem thanked the worthy Vice-Chancellor, Registrar, Chairmans, Faculty Staff, Administrative Staff, and students for their cooperation in the successful conduct of Sports Week. The Prize Distribution

Ceremony of Sports Week 2022 was held at the Seminar Hall of the University of Gwadar on 24th October 2022. "Sports make us learn to accept both victories and defeats with smiles and sophistication", Dr. Abdul Razzaq Sabir lamented.

The chief guest of the ceremony, Vice-Chancellor, of the University of Gwadar, Prof. Dr. Abdul Razzaq Sabir said that "besides promoting education and research activities, a comprehensive plan is underway to enhance sports activities in the university as well".

"The Directorate of Sports will further be strengthened and students will be provided with better sports facilities", the Vice-Chancellor stated. He expressed his gratitude towards the organizing committee members for arranging such lively sports activities quite in a professional manner that are requisite to refresh the body, polish skills, and cheer up minds.

Vice-Chancellor further said that many games were organized in the Sports Week, UG is the first university in Pakistan that introduced Beach Games in its Sports Week in which students, faculty members, and admin staff participated enthusiastically.

Director Sports Saghir Naseem thanked the worthy Vice-Chancellor, Registrar, Chairmans, Faculty Staff, Administrative Staff, and students for their cooperation in the successful conduct of Sports Week.

QUETTA VOICE

Editor Asim Khan

Age relaxation in Balochistan only for a year?

The Balochistan government issued a notification with regard to increasing the age limit for new candidates applying for government jobs a few days back. As per the notification, the government has given eight years extension in the age limit for fresh candidates.

Now candidates of 43 years of age can apply for government jobs in Balochistan, Sardar Abdul Rehman Khetran, the Balochistan Minister for Communication and Works Department announced. However, this relaxation is only for one year.

Age relaxed from July 1st to 30th of June 2023, the notification mentions. This notification gives more questions than answers. The reason behind the age relaxation for government jobs is obvious i.e. ministers, advisers and parliamentary secretaries coupled with friendly opposition would merely adjust their supporters in government departments.

Thousands of jobs are lying vacant in Balochistan. Currently, thousands of vacancies are lying vacant in various departments. Jobless youth of the province are tired of submitting their documents in every department. Since appointments on merit have become rare in Balochistan, therefore, candidates with no political backing or less influence cannot get jobs.

The government has already empowered the departments to recruit employees rather than testing services. Based on track record, testing services are not ideal but they have proved to be far better than departments when it comes to merit and transparency in terms of the recruitment process.

Under the new notification, employees would only serve for 17 years. The question arises that why age relaxation for candidates is only for a year. If the government has clear intention of recruiting those who have tired of submitting documents for jobs, then, the offer should not be for a limited period. The notification is controversial and debatable, when the retirement age is 60 years, then, fixing 43 years as the eligibility for applying for government jobs is beyond comprehension.

It means, the fresh recruited employees would only serve for 17 years and then their retirement would approach fast. The government has to review its decision since the province need young energetic and educated manpower to run the affairs of the province.

Climate change, the prime challenge for Human Beings

By Syed Abid Shah

Climate change in the world is one of the most horrible issues. Climate is a significant variation of average weather conditions—say, conditions becoming warmer, wetter, or drier—over several decades or more. It's the longer-term trend that differentiates climate change from natural weather variability. The climate is the fundamental part of the world. Because our agriculture and industrial system are dependent on climate and a lot of commodities required in industries is directly coming from agriculture to industries. Moreover, climate control is essential for every state or even for every individual to take significant caution about the weather.

But now recently a 3 day's summit was arranged in Glasgow Scotland about climate changes in the world which is the leading

cause of the several issues of the world. The representative from all over the world, United Nation and different companies Chief executives were participating in this conference; talking about the same issue how to solve it and what measures are taken for this. The members of the summit emphasise using new technologies which are free from pollution like the solar system and wind turbine.

Anthropogenic causes of climate change. Humans—more specifically, the greenhouse gas (GHG) emissions that human activity generates—are the leading cause of the earth's rapidly changing climate today. Greenhouse gases play an important role in keeping the planet warm enough to inhabit. But the amount of these gases in our atmosphere has skyrocketed in recent decades. According to

the U.S. Environmental Protection Agency, our current concentrations of carbon dioxide, methane, and nitrous oxide "are unprecedented compared with the past 800,000 years." Indeed, the atmosphere's share of carbon dioxide—the planet's chief climate change contributor—has risen by 46 per cent since preindustrial times.

The burning of fossil fuels like coal, oil, and gas for electricity, heat, and transportation is the primary source of human-generated emissions. A second major source is a deforestation, which releases sequestered (or stored) carbon into the air. It's estimated that logging, clearcutting, fires, and other forms of forest degradation release an average of 8.1 billion metric tons of carbon dioxide per year, accounting for more than 20 per cent of all global CO2 emissions. Other human activities

that generate air pollution include fertilizer use (a primary source of nitrous oxide emissions), livestock production (cattle, buffalo, sheep, and goats are major methane emitters), and certain industrial processes that release fluorinated gases. Activities like agriculture and road construction can also change the reflectivity of the earth's surface, leading to local warming or cooling.

Though our planet's forests and oceans absorb greenhouse gases from the atmosphere through photosynthesis and other processes, these natural carbon sinks can't keep up with our rising emissions. The resulting buildup of greenhouse gases is causing alarmingly fast warming worldwide. It's estimated that the earth's average temperature rose by about 1 degree Fahrenheit during the 20th century.

Every state should take reasonable care

about the climate change in the world and look after the system of industries which is the major cause of climate change. The developed countries now take measurements to stop climate change and work on technical and advanced technologies which help out to stop the emissions of several gases which destroyed the climate. They also work on agriculture to produce new seeds and plants which support environmental protection. They also use the solar system and wind turbines instead of using fossil fuels which are causing climate change. Japan and other developed countries of the world work on electric vehicles it is also significant for climate change. Every individual must take too much care about climate change because it is one of the leading causes of the world which affects all over the world.

Cinderella 2021 and women empowerment

Beenish Mahmood

Feet, what do I need them for, if I have wings to fly? — Mexican artist Frida Kahlo

Women form 48.76 % of the total population in Pakistan. Hence, women's empowerment is crucial to the development of a healthy society — economically, socially and politically.

A conservative society where men would harass wives, daughters, mothers in the name of honour and where women were subservient and docile, treated as objects rather than humans is gradually being replaced by a more accommodating, tolerant mindset in both genders.

Patriarchy is being redefined. But this is not always the case. With better education, it is assumed that incidents of rape, domestic violence and karo-kari would decline. However, every other day the newspapers come up with a blaring headline

that leaves the reader shattered and fearful.

Why is this happening, and who is responsible for this heinous crime? The question is potent!

Looking in retrospect, the Noor Mukadam case speaks volumes about the helplessness of a female in the wake of male superiority. Zahir Jaffer was from a well-to-do family. He was educated. So then what went wrong and where? To put it in a nutshell, rape and murder are an offense that only men who are frustrated sexually and suffer from an inferiority complex would commit. Imposing their power on the weaker sex is proof of their 'masculinity'.

Education does help in breeding an egalitarian society, but it is not an assurance of bringing up 'good' men! Sexual frustration and harassment is common amongst men, not only in Pakistan, but all across the

globe. And whereas before it was a taboo to discuss such issues, now with the freedom of expression, women are taking to the streets and asking for their rights and justice to prevail.

Regarding this scenario, the recent remake of Cinderella in 2021 by Kay Cannon brushes upon women empowerment in a beautiful and effervescent manner. Like in the original Walt Disney Classics, where Cinderella plays the victim, Camilla as Cinderella in the recent version is not helpless. She has agency. Cinderella is a strong, resilient and determined girl who thinks big! She wants to be a successful dressmaker. She wants to live her life, and she wants to live her dream. And nothing will make her deviate from the pathway to realise her goals. She wants to be a celebrity. She wants her name to be on everyone's lips,

but in the small, old-fashioned town she lives in, girls are not allowed the freedom to choose a career for themselves.

The film reinforces the notion of women's empowerment. Whilst the Prince is madly in love with this fearless and bold girl and wants her hand in marriage, Cinderella has a bigger agenda! She aims for the stars and hence becomes the voice of all the surrounding women who, because of the patriarchal society, suppress their ambition for the ultimate truth i.e. marriage.

Cinderella does, at the end, marry the Prince but not at the cost of her passion. She wants to set an example for other women to follow. She wants to contribute to the society in a positive and constructive manner and for that she is willing to forgo a life of ease and luxury.

The film is not the only effort of recent times to address the

power of women. The global Me Too movement as well as the Aurat March organised in Pakistan are all monumental efforts towards changing the society's outlook about women.

The Me Too movement provides a platform for empowering women, especially women who are 'weak'. The Me Too movement urged women to come out of their complacency and speak up about their 'bad' experiences with men!

With evolution and change, no doubt the outlook has changed, but it's not true for everyone. What happens inside is a story no one can unlock. What appears on the surface may not be true and for this reason, the Aurat March and the Me Too movement are important. It brings into play modern women supporting the cause of poor women. Educating them in their rights is what matters.

Collision with happiness

M Bilal Lakhani

Every morning I wake up and ask myself if I'm happy.

This is a terrible habit for my mental health but over the last few weeks, the answer is that I'm actually happy. This is a strange and out of body experience because this hasn't been the case for the majority of my life. As little as six months ago, I was feeling unhappy every morning, bordering on restlessness and flitting with sadness.

What turned things around and is this happiness sustainable? Six months ago, I was on paternity leave and had made big plans to pursue long term professional goals that I never had a chance to pursue because of my full time day job. I thought the extra time I had on paternity leave would allow me to pour myself into those goals but week after week, I was literally doing nothing to move the needle on that front. Instead, I was finding happiness in spending time with my daughter, wife and parents. As well as the joy of doing nothing. But I was trying to fight this feeling, rather than embrace it.

All my life, being a type A personality, happiness was married to my professional life. The paternity leave was a strange window into realising it's possible to be

unhappy professionally but happy personally. Perhaps this sounds obvious to most people but it was a profound realisation for me. I'm also the kind of person who likes to reinvent his life every few years and by that I mean change everything. Originally, I had planned to use the paternity leave as an opportunity to reinvent myself. But the burden of this reinvention was weighing me down because of the lack of progress rather than exciting me.

So I started experimenting with doing something different half way through my paternity leave. Instead of changing everything at once, I started changing one thing a week and tried to chew on small pieces of it daily. For background, I wanted to start two side gigs, play tennis three a week, get closer to religion, make a new YouTube video every day, re-evaluate my purpose in life and take care of my new born baby during the paternity leave. The expectations were crushing me instead of inspiring me. So I started doing something radically simple. For one week, I told myself the only way I'd evaluate whether my day is a success is if I woke up in the morning and did a gratitude exercise, where I'd write down three things I'm grateful for in my diary. That's it. That's the only

thing I'd evaluate myself on. Everything else could wait. I was on leave after all.

The gratitude exercise had a transformational impact not just on my week — because I focused on what I was grateful for rather than what I didn't have or was behind on — but it also had a snowball effect that would rip through the existing pillars of my life. The following week the gratitude exercise became easier to do because it was turning into a habit so I decided to take on one more task. Setting up a tennis date for next week. One date instead of three. The next week I played tennis. The following week I increased the frequency to twice a week. I felt so energised and excited at the end of my games and the morning after.

Week by week, I added a new habit or goal I wanted to achieve and because I was setting expectations so ridiculously low, I was actually able to achieve change and feel happy about my progress rather than denigrating myself for not making progress. Fast forward six months and my life stands transformed. I'm now playing tennis regularly, having dinner with a friend every week, reading the newspaper, doing gratitude exercises and getting closer to God. I didn't start two side gigs.

Nurture a healthy heart to live wisely

Durdana Najam

World Heart Day is celebrated on September 29 to remind the public about the importance of keeping our hearts in good shape.

Metaphorically, the heart connects us with our surroundings and the Almighty. It all flows from the heart. The purification of the heart is obtained both spiritually and physically. What we eat affects the flesh part of the heart, and what we think affects its spiritual side. So, if tobacco blackens the arteries, stress tightens them to hamper the smooth flow of blood, putting in peril the very survival of the heart. One has to be goodhearted and at peace with oneself to live longer and healthier.

Every year 18.6 million people die of cardiovascular diseases (CVD) globally, caused by smoking, diabetes, high blood pressure, obesity, air pollution, Chagas disease and cardiac amyloidosis.

Asia has the highest number of patients with CVD. Of the 18.6 million CVD deaths worldwide in 2019, 58% occurred in Asia. Nearly 39% of these deaths were premature.

prevent and treat CVD." In Pakistan, the CVD mortality is 152 per 100,000 population (22.7%), translating to about 200,000 deaths annually.

The JACC report tells us that dietary changes from traditional Asian to westernised food have had a detrimental effect on the health of Asians living in resource-deficit countries. A recent publication in the Global Burden of Disease provides further insight into food patterns in Asia: for the five unhealthy foods — red meat, processed meat, sugar-sweetened beverages, trans-fats, and sodium — all Asian regions consumed the most sugar-sweetened beverages and sodium. Among the 20 most populous countries, China has the highest age-standardised rate of diet-related CVD deaths (299 per 100,000 population) while Pakistan has the highest proportion of diet-related CVD deaths (152 per 100,000 population).

Prof Nawaz Lashari, Chair of Cardiology at Dow University, stresses healthy physical activity for cardiac health, advising 45-minute walk daily. Pakistan Hypertension League General Secretary Dr Mohammad Ishaq says exercise strengthens the heart. According to Dr Ishaq, 20% of Pakistan's population suffers from high blood pressure, 10% has diabetes, and 30% is obese. "These ailments lead to heart diseases," he warns. In the context of World Heart Day, a leading

pharmaceutical company has arranged special events in Karachi, lighting up the city's landmark buildings in red in collaboration with the National Institute of Cardiovascular Diseases and Karachi Metropolitan Corporation. The events will commemorate World Heart Day and pay tribute to frontline healthcare workers, including cardiologists working tirelessly to save lives during Covid-19.

The company has worked with Cardiology institutes throughout Pakistan to introduce cost-effective and efficacious treatments for blood pressure, cholesterol, angina, and heart failure, as well as world-class medical devices for cardiac interventions.

The high prevalence of CVD in Pakistan is mainly the result of our sedentary lifestyle, increased consumption of inorganic and fatty food, coupled with stress and genetic factors. While increasingly effective medicines and devices are continually being introduced, there is absolutely no substitute for prevention through exercise and a healthy diet. Ignoring such preventive measures increases the burden of heart disease and the cost of healthcare in Pakistan.

Experts insist we have to change our way of thinking and our approach to public health if we want to help people live longer and healthy lives. In this respect, public policy interventions guided by experts in the fields of preventive cardiology and public health,

including education and awareness campaigns, should be conducted regularly to motivate people to exercise and eat healthy food. Only preventive measures can reduce the burden of disease and reduce the excessive reliance on medicine.

On this World Health Day, let us resolve to nurture a heart clean of impurities of food and thought because, as Charles Dickens said, "A loving heart is the truest wisdom." The JACC report tells us that dietary changes from traditional Asian to westernised food have had a detrimental effect on the health of Asians living in resource-deficit countries. A recent publication in the Global Burden of Disease provides further insight into food patterns in Asia: for the five unhealthy foods — red meat, processed meat, sugar-sweetened beverages, trans-fats, and sodium — all Asian regions consumed the most sugar-sweetened beverages and sodium. Among the 20 most populous countries, China has the highest age-standardised rate of diet-related CVD deaths (299 per 100,000 population) while Pakistan has the highest proportion of diet-related CVD deaths (152 per 100,000 population).

Prof Nawaz Lashari, Chair of Cardiology at Dow University, stresses healthy physical activity for cardiac health, advising 45-minute walk daily. Pakistan Hypertension League General Secretary Dr Mohammad Ishaq

says exercise strengthens the heart. According to Dr Ishaq, 20% of Pakistan's population suffers from high blood pressure, 10% has diabetes, and 30% is obese. "These ailments lead to heart diseases," he warns.

In the context of World Heart Day, a leading pharmaceutical company has arranged special events in Karachi, lighting up the city's landmark buildings in red in collaboration with the National Institute of Cardiovascular Diseases and Karachi Metropolitan Corporation. The events will commemorate World Heart Day and pay tribute to frontline healthcare workers, including cardiologists working tirelessly to save lives during Covid-19.

The company has worked with Cardiology institutes throughout Pakistan to introduce cost-effective and efficacious treatments for blood pressure, cholesterol, angina, and heart failure, as well as world-class medical devices for cardiac interventions.

Transcending limits

Ali Hassan Bangwar

Historic moments warrant introspection and reflection. The contemporary pandemic-ridden world seems to be at the crossroads. The prevailing onslaught of Covid-19 against humankind calls for a comprehensive contemplation on what went wrong in our quest for modernisation. The pandemic has resulted in an unprecedented crisis, the likes of which the world has not seen since World War II. Rather than fleeing it as a traditional view, we need to mull over the lessons the pandemic is trying to teach us. When deliberating, one may be forced to conclude that something is wrong with what we have been doing. We shouldn't be oblivious of an inevitable principle: one gets what one gives. When we harm nature, nature harms us back.

Among all creatures, humankind is high up the evolutionary ladder due to unmatched cognitive abilities and intellectual prowess. These intellectual abilities were inherently aimed at distinguishing good and evil, and regulating life on earth in a manner that benefits not only humans but their surroundings. Paradoxically, humans have outstepped and outreached their assigned authority and overestimated themselves as an omnipotent entity enjoying complete impunity of all their activities

regardless of their impacts. Rather than running the affairs and utilising the intellect and bounties in a just and sustainable manner, men have badly embezzled with nature's resources at the cost of destruction of other forms of life and of natural ecosystem. The recently released UN IPCC's terrifying sixth assessment report on the anthropogenic destruction of global climate is but a single instance of mankind's high-handedness against their surrounding environment. Even men didn't spare his fellow beings.

A few in the world hold majority of the wealth — the result: millions of people are currently consumed by poverty, hunger and disease. The rich-poor divide widens as time passes by. Global poverty and wide-scale inequality are on the rise. Laws are made and broken for and by the rich, while the poor remain entangled in them. Merciless pogroms are a norm. The week dies of being preyed and consumed by capitalist predators. The tyranny against the weak, and the atrocities of rulers over their subjects have surged as time passes by. The growing scourge of terrorism and extremism, rising populism and demagoguery, and fascist political leadership is the new normal. Mass adulteration, hoarding, black-marketing, organised crimes, cheating, lying, manipulating, exploiting have all

become common traits of our culture.

There is an ever-rising trend of flattery and hypocrisy, while everything remains centered around material success. Morality, ethos, empathy and compassion are all considered as outdated notions. One might wonder how is NASA even thinking of colonising Mars if we have utterly failed to learn to live peacefully on earth despite being here for millenniums.

Though heinous acts may go unattended or unpunished by our judicial system, we must realise the earth has its own system of justice. Floods, droughts, forest fires, heat waves, tsunamis, epidemics, earthquakes, torrential rains and violent volcanic eruptions are just a few of the consequences that have come about due to our actions. COVID-19 among other cataclysms questions the sustainability of the existing global order and the underlying principles of globalisation. The pandemic has given humankind the opportunity to rethink and reform existing socio-political and economic orders in line with principles of egalitarianism, eco-friendliness, compassion and empathy. Rather than wasting resources on weapons, we must utilize it for the underprivileged, the poor and the weak. Since we have already prospered materially, we now need to invest in humanity if we want to shield ourselves from nature's

IHC orders govt to establish human rights courts this week

ISLAMABAD: The Islamabad High Court (IHC) on Monday directed the federal government to establish human rights courts this week. IHC Chief Justice Athar Minallah issued the directions during the hearing of a case related to the torture of the Adiala Jail prisoners, says in media reports.

The chief justice said that the cases of human rights violations will be heard in a special court. He said that there are strong laws related to human rights which can

deal with violations. During the hearing, Justice Minallah said that the court will not tolerate torture inflicted upon the prisoners and that the inhuman practice of custodial torture should end now.

He ordered action against the Inspectorate General of Prisons Punjab and the superintendent of Adiala Jail. At this, PTI leader Asad Umar said: "No one is safe now, not even Arshad Sharif." An official of the Human Rights Commission of Pakistan

(HRCP) informed the court that 11 children have been granted bail but have no place to go. At this, the chief justice asked: "Why shouldn't we keep those children in Prime Minister or Chief Minister's House?" The HRCP secretary said that about 1,400 prisoners are drug addicts and there is only one male doctor for 4,000 prisoners. To this, Justice Minallah said that HRCP has wide-ranging powers and can even hire consultants. INP



ISLAMABAD: Pakistan's Ambassador Permanent Representative-designate to OIC Jeddah, Syed Mohammad Fawad sher called on President Dr. Arif Alvi at Aiwan-e-Sadr.

Journalist Arshad Sharif shot dead in Kenya, wife confirms

ISLAMABAD: Senior journalist and anchorperson Arshad Sharif was shot dead in Kenya's capital Nairobi. Initially, it was reported that Arshad Sharif had died in an accident but later, his wife Javereia Siddiqui confirmed that the journalist had been shot dead in Kenya.

Taking to Twitter, Siddiqui said Kenya's police told her that Sharif was shot dead in Nairobi, while further investigation is underway.

Sharif's wife also urged people not to share their family pictures, personal details, or Sharif's last pictures from the hospital on social media.

Sharif was previously associated with ARY News and had gone to Dubai after resigning from the channel. Meanwhile, Foreign Minister Bilawal Bhutto Zardari

expressed sorrow over the death of the journalist and said that the Pakistani government is in contact with Kenyan authorities regarding the matter.

"The unbelievable incident of journalist Arshad Sharif's murder is extremely shocking and an irreparable loss to the journalist community of Pakistan." "I offer my condolences to journalist Arshad Sharif's family, journalist community and his fans," said the foreign minister.

Moreover, the Foreign Office Spokesperson Asim Iftikhar said Pakistan's High Commission in Kenya was ascertaining information from the authorities.

Authorities in both countries are yet to confirm the journalist's death and the circumstances surrounding it.

Some Pakistani media outlets had initially stated that Sharif had initially stated that Sharif was shot dead but later said he died in an accident.

However, Sharif's wife later tweeted that the journalist was shot dead in Kenya. Sharif, who was a fierce critic of the incumbent government and the country's establishment, had left Pakistan earlier this year after sedition cases were registered against him in different cities. Moreover, the Foreign Office Spokesperson Asim Iftikhar said Pakistan's High Commission in Kenya was ascertaining information from the authorities.

Authorities in both countries are yet to confirm the journalist's death and the circumstances surrounding it.

Condolences pour in following Arshad Sharif's demise

ISLAMABAD: Condolences poured in following the demise of senior journalist and former ARY News anchorperson Arshad Sharif in Nairobi, Kenya.

The president, prime minister, senior politicians and others expressed condolences on this occasion. PM Shehbaz Sharif also took to Twitter to condole the shocking news of ARY News' former anchor's tragic death. "May Allah SWT grant him a place in Heaven. My deep condolences and prayers for the bereaved family."

PTI secretary general Asad Umar also reacted to the shocking news of the senior journalist's demise and prayed for the eternal peace of the departed soul.

Pakistan Democratic Movement (PDM) spokesperson Hafiz Hamdullah also expressed his condolences to the bereaved family. The senior journalist embraced martyrdom after an accident in the outskirts of Kenya's Nairobi city. INP

Fluorite export in processed form to help boost economy: WealthPK

ISLAMABAD: Fluorite or fluorspar – an important industrial mineral – can be a handsome source of foreign exchange earning for Pakistan if exported in multiple processed forms, reports WealthPK.

A variety of products are made from chemical extractions of this versatile mineral. Fluoride is the main component of fluorite, which is widely used in the manufacture of dental care products, insecticides, preservatives for glues and wood, etc.

Fluorite is the principal source of fluorine, which is mostly used to manufacture Teflon, chemotherapeutic drugs, and etchant hydrofluoric acid. It is also used as a smelting flux, to produce enamels and certain glasses, and to lower the melting point of metal during the production of aluminium.

Fluorosilicates, fluor aluminates, and other complex fluorine salts are used to produce hydrofluoric acid and treat water.

The international fluorite market size is pro-

jected to reach US\$3.92 billion by 2028 at a compound annual growth rate (CAGR) of 4.8% from US\$2.71 billion in 2020. In 2021, Pakistan exported 156,000kgs of fluorite that was worth US\$30,000 million.

In a discussion with WealthPK about fluorite deposits in Pakistan, Principal Geologist at the Global Mining Company, Islamabad, and former general manager geology at the Pakistan Mineral Development Corporation Muhammad Yaqub Shah said, "Fluorite is the mineral form of calcium fluoride formed in felsic igneous rocks, particularly common in granitic pegmatites. Its veins are also formed in limestone through the hydrothermal activity. It is an important industrial mineral composed of calcium and fluorine. In Pakistan, commercial-scale mining of fluorite is only done in Balochistan. Its traces are also found in other places but they are not commercially viable for mining."

"Fluorite is also found with commercially important associated minerals i.e., lead, silver, etc. Fluorite is also found in gem quality but it is not popular to be used as a gemstone due to low hardness. It is available in a variety of colors i.e., white, pink, green, etc.," he said.

In a discussion with WealthPK, miner and geologist Imran Babar said, "Fluorite, in raw form, is exported from our country. The most common use of fluorite is for toothpaste production. Its processing is not anything too difficult. If it is done locally, most of fluorite-based products will be available in the market at a low price. Public-private partnership can be a good solution to establish processing units for production of fluorite-based products."

The important thing for the authorities is to reframe the mineral export protocols and emphasize the export of processed forms. In this way, Pakistan's mining sector can be made more productive. INP



ISLAMABAD: Eugene Zhukov Director General Central and West Asia Regional Department Asian Development Bank (ADB) calls on Sardar Ayaz Sadiq Federal Minister For Economic Affairs.

Heat, then floods ruin Pakistani farmers' livelihoods

ISLAMABAD: Generations of Rahim Buksh's ancestors have laboured in the rice paddies and wheat fields surrounding Pakistan's hottest city, no strangers to intense summers or monsoon rains.

But this year Jacobabad lurched from record heatwaves in May to an unprecedented deluge of rain in August that drowned crops.

The floods forced tens of thousands of people to flee for makeshift camps and relatives' homes, leaving them doubting the future of farm work despite their deep connection to the land.

"We would move to the cities and take up manual labour work if somebody helped us to

get out of here," said Buksh, whose mud-brick home was flooded, like much of the surrounding farmland.

Even before the destruction, Jacobabad and dozens of nearby villages were crippled by poor infrastructure.

Most of the district's million-plus population are itinerant farm workers, earning a daily wage tending crops for major landowners.

Poverty, debt and the unequal distribution of land have made their livelihoods precarious, but the rise of extreme weather events linked to climate change has deepened the insecurity.

This year's crops were first scorched by temperatures that reached 51 degrees Celsius (124 Fahrenheit) in May,

only to be drenched by monsoon rains that affected a third of the country – a scale never seen in Pakistan.

"We have to live with it all," said 25-year-old Zamira, who fled with her husband and children to a makeshift camp. "It will be months before we can work again. We're abandoned."

The agriculture sector is by far the biggest employer in Pakistan, accounting for more than 40 percent of the labour force, the majority being women.

Community NGO worker Jan Odhano, who has provided emergency relief to victims of both the heatwave and floods, said the "double disasters" left farm workers desperate for a way out. INP

Pakistan's exit from FATF grey list will boost economy: Business Community

ISLAMABAD: Following Pakistan's exit from Financial Action Task Force's (FATF) grey list, the business community said coming out of the watchdog's increased monitoring process would boost economic activities and help put the ailing economy back on sustainable growth path.

The business community said the decision would restore the confidence of international financial institutions, help attract foreign direct investment, and promote exports from the country besides improving credit ratings for the country.

Commenting on the mega development, President

Federation of Pakistan Chamber of Commerce and Industry (FPCCI) Irfan Iqbal Shaikh lauded the efforts of civil and military leadership and said that it would further cement the government's endeavours to attain sustainable economic development. It will also address the liquidity issues as releases from the multilateral and other donor agencies such as IMF, ADB, WB and Paris Club would further enhance, he said adding that it would further boost the "credibility and rating of the local economy that would attract foreign direct investment".

President

Islamabad Chamber of Commerce and Industry Ahsan Zafar Bakhtawari said that the removal from FATF's grey list would boost the confidence of international creditors and donors agencies including International Monetary Fund (IMF), Asian Development Bank (ADB), World Bank and other development agencies.

He said that the decision would also help in promoting soft image of the country in all international forums, adding that the credit rating of Pakistan would improve as well, which will be another development signal for the economy. INP

Pak Gandhara to be showcased at Beijing's Palace Museum: Pak envoy

BEIJING: "Hopefully we will kick start this year a very important exhibition on Pakistan's Gandhara in the Beijing's Palace Museum," Pakistani Ambassador to China Moin ul Haque told China Economic Net (CEN) in an interview.

Stressing the great potential of China-Pakistan cooperation in the tourism and cultural industries, the envoy informed CEN that a list of activities has been shared between the two countries, adding that the events will "include [cultural] exhibitions and visits from China [to Pakistan] by tour operators."

The Gandhara art exhibition is also mentioned in a February joint statement between China and Pakistan. As per the statement, the two sides will "further expand cooperation for the conservation and presentation of heritage and artefacts of the two countries."

In recent years, China and Pakistan have beefed up cooperation in the tourism and cultural industries. Two Pakistan animated films, for example, hit Chinese theatres last year, with The Donkey King becoming the best-performing Pakistan film in China. The same year, an MoU on tourism cooperation was signed to further boost bilateral tourism exchanges. INP



ISLAMABAD: Federal Minister for Planning and Development Ahsan Iqbal is giving shield to President COPAIR Anma Munawar Awan on occasion of a National Dialogue organized Under the Auspices of Center of Pakistan and International Relation and policy Research institute.

Karachi: Anti-polio drive stopped in some UCs after HWs protest

KARACHI: Anti-polio drive halted amid health workers' protest in several Union Councils (UCs) of Karachi on Monday.

As per details, the Sindh government has kicked off a week-long anti-polio drive in 21 districts of Sindh to inoculate more than 6.5 million children under five years in the province.

The drive was announced by the Sindh government after a poliovirus was reported in Malir Goth.

The week-long anti-polio drive couldn't begin in several UCs of the metropolis amid the health workers and paramedic staff protest across Sindh for the provision of their health risk allowance. OPD and routine services were suspended in government hospitals across Sindh.

Earlier, the Sindh government had decided to launch a week-long anti-polio campaign to inoculate over 6.5 million children under five from October 24.

The decision was taken by the provincial task force on the anti-polio

drive meeting chaired by Health Minister Azra Pechuho and was also attended by divisional commissioners, deputy commissioners, World Health Organization (WHO) representatives, and others. As per details, the Sindh government has kicked off a week-long anti-polio drive in 21 districts of Sindh to inoculate more than 6.5 million children under five years in the province.

The drive was announced by the Sindh government after a poliovirus was reported in Malir Goth.

The week-long anti-polio drive couldn't begin in several UCs of the metropolis amid the health workers and paramedic staff protest across Sindh for the provision of their health risk allowance. OPD and routine services were suspended in government hospitals across Sindh.

Earlier, the Sindh government had decided to launch a week-long anti-polio campaign to inoculate over 6.5 million children under five from October 24. INP



QUEETA: Anjuma e Tajaran Balochistan president Abdul Rahim Agha addressing a press conference.

SC office returns Imran Khan's plea on audio leaks with objections

ISLAMABAD: Supreme Court returned PTI chairman Imran Khan's petition against PM House audio leaks with objections on Monday.

Former prime minister had in his plea sought a joint investigation team (JIT) or a judicial commission to probe the PM House audio leaks.

"It was not pointed out in the plea that it is a matter of fundamental rights and the public interest," Registrar Office of the apex court said in its objections.

"Before filing peti-

tion in the Supreme Court, the matter was not taken to the concerned forum," according to the registrar office. "The Registrar Office was not satisfied with the petition submitted under the Article 184-iii".

The Supreme Court office raised six objections over the petition filed in the apex court over the PM House audio leaks.

The former premier had made the ministries of interior, defence, IT, information, PEMRA, Intelligence Bureau and FIA the respondents in

the petition. "Declare that the illegal surveillance of the PMO and the release of the surveillance data, especially through the audio leaks, are unconstitutional and in violation of law," the former prime minister prayed to the court.

He had also urged the SC to hold the officials behind the audio leaks accountable. Earlier, the authorities had arrested two suspects involved in the bugging and phone hacking of the Prime Minister's Office (PMO), ARY News reported citing sources.

Sources privy to the development told ARY News that an intelligence agency has apprehended two hackers. Among the two suspects, one hacker belongs to Rawalpindi while the other hails from a city in Central Punjab.

It may be noted several audios of the incumbent government including Prime Minister Shehbaz Sharif and former PM Imran Khan were leaked on social media in a span of eight days.

The Supreme Court office raised six objections over the petition filed in the apex court over the PM House audio leaks. The former premier had made the ministries of interior, defence, IT, information, PEMRA, Intelligence Bureau and FIA the respondents in the petition. "Declare that the illegal surveillance of the PMO and the release of the surveillance data, especially through the audio leaks, are unconstitutional and in violation of law," the former prime minister prayed to the court. He had also urged the INP

Toshakhana reference: IHC rejects Imran Khan's plea to suspend ECP order instantly

ISLAMABAD: The Islamabad High Court (IHC) on Monday rejected Imran Khan's request to suspend the Election Commission of Pakistan's (ECP) order instantly in the Toshakhana reference.

On Friday, ECP disqualified the former premier in the Toshakhana reference, stating he had committed corrupt practices by making "false statements and submitting incorrect declaration".

The PTI chairman, then approached IHC, against the decision. However, the registrar had raised objections to the petition.

IHC Chief Justice Athar Minallah heard the case today and at the outset of the hearing, asked about the objections to the petition.

He was informed by Khan's lawyer Barrister Ali Zafar that one objection was on the biometric verification and the other that a certified copy of the ECP's decision was not attached to the plea.

On the second point, Zafar told the court that the ECP is yet to issue its detailed verdict, adding that they had only received two pages of the order.

"What is the rush in the case," asked IHC CJ at this point.

Zafar told the court that his client has to contest elections in the coming days, adding that the ECP has also ordered that the PTI chief be prosecuted for corrupt practices.

"The Election Commission has also directed to send the matter for a trial," said Zafar.

However, Justice Minallah observed that the commission has only directed that the complaint be sent for trial.

On this, Zafar told the court that disqualification was a "stigma" that may affect the coming elections.

"When there is no judgment then which order should the court suspend?" asked the judge. He also directed the counsel to address the objections raised by the registrar's office.

"Disqualification will affect the people's minds. The short order is attached [with the petition]," said Zafar.

At this, the IHC CJ asked Khan's counsel whether he had a certified copy of the short order. But the court was told by the lawyer that they have applied for a certified copy.

"This disqualification is only as a member of the National Assembly," observed the judge.

However, Zafar contended that the people were not aware of this situation. He added that ECP uploaded its short order on the website but did not provide them with a certified copy.

"If you are not provided a copy within three days then we will hear the matter again," said the judge. He also shared that his court at times would issue short orders and release a detailed verdict later.

"I expect you will get the certified copy in three days," said the IHC CJ. But Khan's lawyer contended that his client has to contest elections. At this, Justice Athar Minallah said that under the law Imran Khan was only disqualified from the seat he held currently. If he wants to contest again, he can do so, there is no bar on him, he added. Zafar then told the court that the media had received the copies of the order and programmes were aired on the issue, adding that ECP did not issue any objections to those programmes. Web Desk



ISLAMABAD: Prime Minister Muhammad Shehbaz Sharif witnessing the signing ceremony of \$1.5 Billion Loan Agreement under BRACE Program of ADB.

ECP de-notifies Imran Khan from NA-95 Mianwali seat

ISLAMABAD: The Election Commission of Pakistan (ECP) on Monday de-notified Pakistan Tehreek-e-Insaf (PTI) Chairman Imran Khan from the seat of the National Assembly.

The ECP has declared the National Assembly seat NA-95 Mianwali vacant and issued a notification in this regard.

Last Friday, the ECP declared former prime minister and PTI Chairman Imran Khan disqualified in the Toshakhana reference.

The four-member ECP bench headed by Chief Election Commissioner Sikandar Sultan Raja announced its verdict on Friday at ECP Secretariat in the Toshakhana reference filed against PTI Chairman Imran Khan declaring his National Assembly seat vacant.

The decision which was made last month by the five-member ECP bench was unanimous. However, the verdict was announced by a four-member bench today as the ECP Punjab member Babar Hassan Bharwana could not attend the commission's proceedings as he was not feeling well.

According to the verdict, Imran Khan committed dishonesty and the commission has ordered criminal proceedings against him under Article 63(1)(P).

The verdict says that Imran submitted a false declaration to the Election Commission and lied in his annual returns.

The verdict says that some of the gifts retained from Toshakhana were concealed in his assets. It says that Imran has been declared disqualified for the current term of assembly and has been de-seated as a member of the National Assembly.

Imran Khan stands disqualified under Article 63(1)(P) as the latter submitted a false statement along with a false declaration.

The order says according to Sections 137, 167, and 173 of the Election Act, Imran has committed the "offence of corrupt practice by making false statements and incorrect declaration".

"We are of the considered opinion that the respondent has become disqualified under Article 63(1)(P) of the Constitution read with Sections 137, 167 and 173 of the Elections Act, 2017, consequently he ceases to be a member of the National Assembly of Pakistan and his seat has become vacant accordingly," the order says adding that Imran deliberately concealed the Toshakhana gifts details while declaring his assets.

The office is directed to initiate legal proceedings and to take follow-up action under Section 190(2) of the Elections Act, 2017. Article 63 (1) (p) of the Constitution states that an individual is, "for the time being, disqualified from being elected or chosen as a member of the Majlis-e-Shoora (Parliament) or of a provincial assembly under any law for the time being in force". Prior to the announcement of the verdict, a number of PTI leaders including Shah Mehmood Qureshi, Faisal Javed, Shireen Mazari, Umar Ayub, Fawad Chaudhry, Asad Umar, Shahbaz Gill, and Ijaz Chaudhry were present outside the ECP. However, the capital city police barred the political leaders from entering the ECP building and stopped them at the gate. Many tried to climb over the gate to reach the building. The ECP had reserved the verdict in the Toshakhana case on September 19 last. The reference was filed against the PTI chairman by the coalition government, for "not sharing details" of Toshakhana gifts and proceeds from their alleged sale. Established in 1974, the Toshakhana is a department under the administrative control of the Cabinet Division. INP

Pakistan, Iran agree to strengthen bilateral ties in diverse fields

ISTANBUL: Pakistan and Iran have agreed to strengthen bilateral cooperation in the fields of economy, trade, culture and people-to-people contacts.

This understanding came during a meeting between Minister for Information and Broadcasting Marriyum Aurangzeb and Iranian Culture Minister Mohammad Mehdi Esmaili in Istanbul.

Speaking on the occasion, Marriyum Aurangzeb said Pakistan desires to promote its relations with Iran in the fields of film and drama.

She said Iranian filmmakers can take benefit from incentives given by the government for the film industry in Pakistan.

The Minister said government has abolished taxes on the film industry, culture and tourism sector in this year's budget.

The Iranian Minister for Culture expressed commitment to further strengthen cooperation with Pakistan in the fields of information, art and culture. INP

Chinese experts suggest how to prevent floods

ISLAMABAD: A delegation of Chinese disaster management experts submitted their preliminary report on the damage caused by the recent floods in Pakistan and suggested measures to prevent similar disasters in the future.

According to Gwadar Pro, an 11-member delegation led by Xu Xianbiao of the Department of Flood Control and Drought Relief of the Ministry of Emergency Management of China submitted the report after visiting various flood-affected areas of Pakistan.

The delegation also included experts from the Ministry of Water Resources of China and the Meteorological Administration of China.

According to the Gwadar Pro report, the heaviest rainfall since 1961 affected 84 districts, or one-third of Pakistan's total area, affecting about 33 million people, or one-seventh of the country's total population.

The report stated that Pakistan has not been able to

deal with the post-disaster situation alone. It said that southern parts of the country are still inundated, and waterlogged areas are prone to infectious diseases and people lack access to clean drinking water.

Read Floods caused over \$32 billion losses, WB initial estimates. Homeless people living in shelters are in dire need of emergency assistance, it highlighted.

The report stated that crops have been destroyed over vast tracts of land and food shortages and hunger are being faced by the people.

Chinese team leader Xianbiao also shared China's practical experience of flood control. He said that the team would come out with its detailed report soon and hoped that the Chinese and Pakistani authorities would work together to deal with the situation. The report called for better relief efforts to ensure food, clean water, clothing, medical aid and shelter to the affected people. INP

Secretaries directed to immediately meet slain journalist's family

ISLAMABAD: The Islamabad High Court (IHC) ordered the secretaries for interior and foreign ministries on Monday to immediately meet senior journalist and anchorperson Arshad Sharif's family, slain in a gun attack in the Kenyan capital of Nairobi last night.

An application seeking a probe into the matter had been filed with the high court, requesting the formation of a commission to investigate the circumstances under which the senior journalist left the country.

Security agencies should be ordered to liaise with Kenyan agencies for a thorough investigation, stated the request filed by Barrister Shoaib Razaq. The application also requested court orders to ensure the transportation of the body to Pakistan.

While hearing the petition in court, IHC Chief Justice Athar Minallah inquired where the body of the deceased journalist was to which Razaq responded by informing the court that the body was still in Nairobi.

Upon this, the court issued notices to the Interior and Foreign Ministry to meet with the deceased's family at the earliest and submit a report in court by today Tuesday in this respect. The court also ordered the relevant authorities to take the necessary steps required to ship Sharif's body to Pakistan.

According to media reports, police in Kenya have opened an investigation into the gun attack that killed Sharif.

The 49-year-old had worked in various newsrooms in the country and was awarded the Pride of Performance by President Arif Alvi in March 2019. INP

So-called 'Honest Khan' is exposed in Toshakhana case: Talal

ISLAMABAD: Pakistan Muslim League-Nawaz (PMLN) leader Talal Chaudhry Monday bashed Imran Khan saying that the election commission decision has exposed him.

Former Interior Minister in his presser in Faisalabad said that the decision of the Election Commission exposed the so-called Truthful and Honest Imran Khan has been proved a certified thief of the nation.

He further said that a watch worth Billions aside, Imran Khan did not even spare a tea set worth Rs3000.

Bushra Bibi and Gogi have caused a historical disaster Imran Khan first steals then bullies the ones he stole from and when a decision comes against him, he soils the names of the institutions, said Talal Chaudhry. Online

Imran Khan granted bail in terror case filed after PTI protests

ISLAMABAD: An anti-terrorism court on Monday granted bail to PTI Chairman Imran Khan in a case filed against him after countrywide protests following his disqualification in the Toshakhana reference.

The Islamabad Police had registered terror cases against PTI leaders including Imran Khan after the party workers took to the streets and vandalised state property.

The cases — filed under 7ATA along with other sections of the PPC — were filed at different police stations in the federal capital in which hundreds of PTI workers and leaders were named for blocking roads and attacking police personnel on the behest of Imran Khan, Asad Umar, Ali Nawaz Awan and others.

Seeking his bail, PTI Chairman Imran Khan appeared

before judge Jawad Hassan Abbas at the Federal Judicial Complex. After the hearing, the court granted interim bail to the former prime minister against a surety bond of Rs100,000 till October 31.

An anti-terrorism court on Monday granted bail to PTI Chairman Imran Khan in a case filed against him after countrywide protests following his disqualification in the Toshakhana reference. The Islamabad Police had registered terror cases against PTI leaders including Imran Khan after the party workers took to the streets and vandalised state property.

The cases — filed under 7ATA along with other sections of the PPC — were filed at different police stations in the federal capital in which hundreds of PTI workers and leaders were named for blocking roads. INP

West Indies players return home after embarrassing exit from WP T20

ST JOHN'S: The West Indies Men's T20 team have departed Australia to head back to the region, following the team's exit from the ICC Men's T20 World Cup 2022. The return of the international players will coincide with the start of the CG United Super50 Cup, the annual regional List A tournament, with their inclusions to be confirmed this week in their respective regional squads for the upcoming event.

The players will now be available for the tournament upon their return to the Caribbean on 25 October, whilst some of the Test Players will remain in Melbourne to prepare for the upcoming Test Series against Australia. This year's CG United Super 50 Cup will feature eight teams — the traditional six franchises who will

be joined by the West Indies Academy and Combined Campuses & Colleges (CCC) teams. The event will bowl off in Antigua on Saturday 29 October, with a match between the Leeward Islands and the West Indies Academy at the Sir Vivian Richards Stadium (SVRS). Defending champions Trinidad & Tobago Red Force open their campaign on 31 October against CCC at the Brian Lara Cricket Academy (BLCA). The final will be played on Saturday 19 November at the SVRS. The other two venues for the tournament are the Coolidge Cricket Ground (CCG) in Antigua; along with the Queen's Park Oval (QPO) in Trinidad. The CG United Super50 tournament will showcase the traditional rivalries with players throughout. INP

Govt promoting investor friendly policies to attract investment, says Ahsan

ISLAMABAD: Minister for Planning and Development Ahsan Iqbal has said the government is promoting investor friendly policies to attract investment in environment friendly hydropower projects.

Addressing an event in Islamabad on Monday, he said the government is striving to harness the identified environment friendly power potential of over forty two thousand megawatts.

Alluding to the devastation caused by recent floods, the Minister for Planning said Pakistan is contributing less than one percent to global carbon emissions but it is amongst the top ten countries in the world badly affected by climate change.

Addressing a separate event in Islamabad, the Minister termed revolution of knowledge a fundamental key for development in 21st century. He said Pakistan needs creative and innovative minds to progress. Ahsan Iqbal said it is the responsibility of the government to introduce digital economy in backward areas of the country. He called for removing obstacles to achieve targets of sustainable development. INP

Sunak looks set to become next UK PM after Johnson quits race

LONDON: Rishi Sunak looked set to become Britain's next prime minister after his rival Boris Johnson quit the race, admitting that he could no longer unite their party following one of the most turbulent periods in British political history.

Sunak, the 42-year-old former finance minister, could be named leader as soon as Monday to replace Liz Truss, becoming Britain's third prime minister in less than two months.

The multi-millionaire former hedge fund boss will face one of the most daunting set of challenges, tasked with rebuilding Britain's fiscal reputation through deep spending cuts as it slides into a recession, dragged down by surging energy, food and mortgage rates.

He will also preside over a party that has bounced from one crisis to

the next in recent months, badly split along ideological lines, and a country that is growing increasingly angry at the conduct of its politicians.

"The United Kingdom is a great country but we face a profound economic crisis," Sunak said in a statement declaring his candidacy on Sunday.

First he must defeat the last candidate in the contest, Penny Mordaunt, who is fighting to secure the support of 100 lawmakers to get on to Monday's ballot. Mordaunt, who is leader of parliament's House of Commons, has so far received the backing of around 25 politicians. More than 150 have backed Sunak.

Should she fail to hit the threshold, Sunak would become prime minister. If she makes it on to the ballot, the party's members will select the winner on Friday. INP



ISLAMABAD: Federal Minister of National Health Services Regulations and Coordination Abdul Qadir Patel addressing during Polio vaccination campaign ceremony at a local hotel in Federal Capital.

Seven day special polio eradication campaign starts in provincial capital

LAHORE: Capital City Police Officer (CCPO) Lahore Additional IG Ghulam Mahmood Dogar has said that everyone needs to continue working with national spirit for the complete eradication of polio.

Ghulam Mahmood Dogar committed that the anti-polio campaign supervisors, health workers and teams would be provided complete security during administration of Anti Polio vaccine drops to the children under five years of age.

The seven-day special polio eradication campaign has been started in the provincial capital Lahore from today (Monday). More than 1200 police officers and officials have been deployed for the security of 06 thousand 360 polio workers, Ghulam Mehmood Dogar informed.

The CCPO Lahore Ghulam Mahmood Dogar said that anti-polio teams in 169 union councils of the city have been provided comprehensive security. According to the spokesperson of

Lahore Police, security cover has been provided to the polio workers in 169 Union Councils of the city including 37 UCs of City Division, 17 of Civil Lines, 33 of Model Town, 23 of Sadar, 19 of Iqbal Town whereas 40 Union Councils of the Cantt Division. CCPO Lahore Ghulam Mahmood Dogar further said that 498 motorcycles, 83 vehicles of the police stations have been doing effective patrolling in the polio campaign areas. The CCPO Lahore warned that no compromise would be made on the security of the anti-polio teams and any negligence or negligence in this regard would not be tolerated. He directed the related SSP, SDPOs and SHO's to personally inspect the security arrangements provided to the anti polio teams. Ghulam Mehmood Dogar directed teams of Dolphin Squad, Police Response Units and police stations to ensure effective patrolling in all the union councils where polio vaccination campaign is continued. The CCPO said that 'Polio Emergency Desks' INP

Taskin Ahmed takes four as Bangladesh win first-ever Super 12 match

HOBART: Bangladesh won their first-ever game in a Twenty20 World Cup Super-12 Monday, with Taskin Ahmed taking 4-25 as the Netherlands imploded early and never recovered, losing by nine runs.

The Dutch, who battled through the preliminary round to reach the Super 12, held the Asian nation to 144-8 with Paul van Meekeren becoming his country's joint all-time T20 wicket-taker along the way.

But they got off to a horror start in the run chase, losing two wickets off the first two balls to Ahmed then suffered two run-outs in one over to slump to 15-4 in cold conditions at Hobart.

Colin Ackermann with 62 played a lone hand, making his maiden T20 half-century as the Netherlands were all out for 135 on the final ball.

Veteran Bangladesh captain Shakib Al Hasan has played in every edition of the World Cup since its inception in 2007 and this was his first Super

12 victory.

"It was an important win, I've played all editions but haven't won and that was on the back of my mind," he said. "Taskin has been a good bowler for us, he has the experience and pace. Most of the fielders in our team are agile and quick, in the field we can save five to 10 runs, and that could be the big difference."

Defeat was a heavy blow for the Dutch with two points desperately needed in a group that features heavyweights India, Pakistan and South Africa. But it was a relief for Bangladesh, who had suffered from poor form since the 2021 World Cup, playing 19 T20 internationals and losing 14. "Our bowlers were quite amazing, but our run-outs (Max O'Dowd and Tom Cooper) were poor," said Netherlands skipper Shaun Edwards.

"Hopefully we can bring in a better performance with the bat, looking forward to the next challenge (against India)." INP



ISLAMABAD: Turkish Ambassador to Pakistan Ambassador Dr. Mehmet Paçacı called on Iftikhar Ali Shallwani, Federal Secretary, Ministry of Housing and Works.